

# **HOT** off the shelves

## Sensational summer food



For fuss-free suppers this summer, try Tesco's range of quiches and salads. The Deep Fill Cherry Tomato, Mozzarella, Cheddar & Red Pesto Quiche, £2.19, tastes great with a side salad, or Tesco Vegetable Cous Cous, £2.

## Cherry good!

Get a daily cherry fix, with the help of Cherrygood juice, £1.39. In two varieties, Original Cherry and Cherry & Berry, both are packed with Montmorency cherries, said to contain higher antioxidant levels than cranberry.



## Snack attack

You don't have to worry about the calories with the Bakin' Dozen range from The Fabulous Bakin' Boys. The 12-finger flapjack slab contains less than 100 calories in each finger. Available in Oaty and Raspberry, £1.49, from Sainsbury's, Tesco and ASDA.

